

Mom's Move To Do list

Option A

- ☐ CALL Apple Crest Commons to confirm move date + get Mom's specific floor plan
- ☐ Mock up a floor plan w/ Mom's furniture
- ☐ Text sibs w/ actual move date — all need to be available next 3-4 weekends.
- ☐ Create/share Google calendar for next 5+ weeks
- ☐ Sort through all rooms, closets, cabinets, linen closet, etc.
- ☐ Hummel collection/china dinnerware/silver — yikes! What do we do? Donate or distribute?
- ☐ Cleanout basement!
esp → 3 storage closets under the stairs
→ Snow village + other Christmas decor
- ☐ Photos!?! Suitcases full → 3, I think what to do?
- ☐ Garage → Cars, yard tools (prob. old + rusty)
- ☐ Call junk removal guy
how much + when?
- ☐ Advertise yard sale on Next Door + for the 29th: Facebook Marketplace
- ☐ Should we make signs too?
- ☐ Buy packing materials — from the mover or Home Depot
- ☐ Pack — we need everyone for 5+ days
- ☐ Contact 3 moving companies for estimates? Any recommendations??

Option B

Call a senior move manager!
www.nasmm.org



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Recognizing and managing the stress of downsizing and relocating older adults, individuals with special needs and families is the hallmark of the National Association of Senior & Specialty Move Managers® (NASMM).

- We are confident that NASMM members represent the most qualified, ethical and capable Move Managers in this rapidly growing profession.
- Senior Move Managers® have significant expertise in resources and approaches that save money, reduce stress and produce quality results.
- Services are personalized to meet the client's needs and preferences. NASMM Senior Move Managers® are reviewed for insurance and are required to take which focus on core competencies in Senior Move Management®
- Ongoing educational programs reflect NASMM's commitment to professionalism and to working with older adults, families and others.
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